



JUDITH'S VIEW

A village is many things, but most importantly:

A village is your failsafe.

Like most villagers, you think no crisis will ever happen to you. You eat right, you exercise. You'll shovel the snow till you are 106.

That is until something happens: EMS comes to your home, then surgery, then four months of homebound recuperation.

How do you handle all of that?

With the help of your village.

Dinner arrives at your front door. Someone takes the cats to the vet. Someone else shops for groceries or drives you to the doctor's office.

And while you are homebound many folks come to visit, filling your house with companionship and conversation.

Every senior needs a village.

VILLAGE BENEFITS

HOW WE HELP EACH OTHER

- Rides for shopping, health care appointments, social events, etc.
- Provide a second set of ears at doctor's appointments
- Assistance with tasks around the home, e.g. minor repairs, gardening, plant watering, etc.
- Grocery shopping or errands
- Help with computers and technology
- Friendly contacts through social visits, regular phone contact, reading aloud, company for an event
- Emergency pet care
- Support with meal preparation
- Help with financial organization

THINGS WE DO TOGETHER

- Monthly group trips to local ethnic eateries
- A bi-monthly book group
- Quarterly events at which experts address topics related to aging

GROWING OLDER

IT'S A WHOLE NEW BALLGAME

Say you're getting older and you want to stay in your home and the neighborhood you know and love. You can, with the help and friendship of a community of people much like you.



We can help make it possible

Cleveland Westside Village is a non-profit network of Westsiders. We're a lively group committed to helping each other.

We're advocates for aging in the best, most vibrant way possible: our lives growing, not shrinking.

Yet we're realistic about the transitions that come with getting older. We help our members prepare for and navigate these transitions by offering friendship, guidance, services and—who can live without it?—fun.

WHO WE ARE

The Cleveland Westside Village is a group of older adults working together to remain in our homes. We celebrate the opportunities and meet the challenges of aging—helping people live well and joyfully within our community.

A BRIEF HISTORY

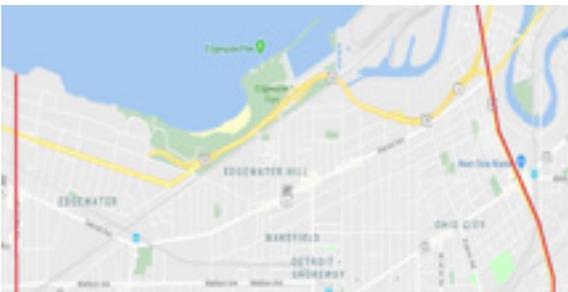
In 2013 a group of neighbors who were retired or close to it began talking about what we needed to live, thrive, and contribute to our community as we grew older.

After much discussion and research we decided on an all-volunteer "Village model" as our approach. This model promotes mutual support, awareness of our interdependence, and a sense that all people have gifts to share.

We are a member of the national Village-to-Village Network (vtvnetwork.org), an association of more than 120 similar "villages" around the country.

WHERE WE ARE

Detroit Shoreway, Ohio City, Cudell, Edgewater.



A PLACE TO BELONG

We, the Cleveland Westside Village, see the need to act to deal with the issues of aging, in our lives and in our neighborhood. CWV is a place to belong, to matter to others, to be cared for beyond our immediate families and to grow.

The CWV website has an events calendar page where you can see upcoming happenings. Feel free to attend any of these functions to meet members and learn about our mission. The website also contains in-depth information about our mission and opportunities to volunteer.

Also on the CWV website you'll find a membership page with a form you can fill out to get on our mailing list and start the membership process.

The dues for the CWV are \$75 per member per year. We offer reduced fee memberships for those who need assistance.

LIFE IS RICH
ENJOY IT WITH US

Call 216-714-2814

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CLEVELAND WESTSIDE VILLAGE

CELEBRATING THE OPPORTUNITIES AND MEETING THE CHALLENGES OF AGING

HELPING PEOPLE LIVE WELL AND JOYFULLY WITHIN OUR COMMUNITY

